**Connecticut Long Term Care Mutual Aid Plan (LTC-MAP)**
**Connecticut Department of Public Health**

# <u>COVID RECOVERY DEFINED</u>

5/4/2020

*The following is the latest CDC guidelines for patients, to be considered recovered and staff, to return to work.

* **THERE IS NO RETESTING** once a positive test has been obtained.

### FOR PERSONS WHO TESTED POSITIVE AND HAD SYMPTOMS

<u>Symptom-based strategy</u>

- At least 3 days (72 hours) have passed since recovery defined as resolution of fever without the use of fever-reducing medications and improvement in respiratory symptoms (e.g., cough, shortness of breath}; AND
- At least 10 days have passed since symptoms first appeared.

### FOR PERSONS WHO TESTED POSITIVE BUT DID NOT HAVE SYMPTOMS

<u>Time-based strategy</u>

- 10 days have passed since the date of their first positive COVID-19 diagnostic test, assuming they have not subsequently developed symptoms since their positive test.